

# **First line managers in social care: A 'readiness to practice' training course**

## **2 days**

### **Learning Outcomes**

- To examine the transition from practitioner to manager
  - To examine expectations upon you as a manager
- To examine the required leadership qualities and how you may discharge these
  - To look at supervision, consultation and mentoring
- To examine how to navigate the tightrope between frontline practice and senior management

### **Programme**

#### **Day 2**

9.15 Arrival and Coffee

9.30 Introductions and contracting

9.45 What do you bring to management? How do you manage your anxieties?

11.00 Coffee

11.20 Current roles and responsibilities of first line managers

12.45 Lunch

1.30 Leadership – what can I take from the research to guide me?

3.00 Tea

3.15 Leadership challenges – a roadmap

4.15 Evaluation and Close

## **Day 2**

**9.15 Arrival and Coffee**

**9.30 Introductions and contracting**

**9.45 Supervision – an introductory toolkit**

**11.00 Coffee**

**11.20 Supervision - continued**

**12.45 Lunch**

**1.30 Risk Assessment and Management – A managerial toolkit**

**3.00 Tea**

**3.15 Analysis and Planning – key ingredients and messages**

**4.15 Evaluation and Close**